### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## FORM 8-K

#### CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): January 9, 2025

# **CONCENTRA GROUP HOLDINGS PARENT, INC.**

(Exact Name of Registrant as Specified in Its Charter)

001-42188

(Commission File Number)

Delaware

(State or Other Jurisdiction of Incorporation)

**30-1006613** (I.R.S. Employer Identification No.)

5080 Spectrum Drive, Suite 1200W Addison, TX, 75001 (Address of principal executive offices) (Zip code)

(972) 364-8000

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

"Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

"Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

"Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

"Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

	Trading	
Title of each class	Symbol(s)	Name of each exchange on which registered
Common Stock, \$0.01 par value per share	CON	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter):

Emerging growth company "

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act."

### Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

On January 9, 2025, the Human Capital and Compensation Committee of the Board of Directors ("<u>Board</u>") of Concentra Group Holdings Parent, Inc. (the "<u>Company</u>") approved the 2025 base salary for each of William K. Newton, Matthew T. DiCanio, Greg M. Gilbert, Su Zan Nelson and Danielle Kendall.

#### 2025 Base Salary

Effective on January 9, 2025, the 2025 base salary of each named executive officer was approved as set forth in the following table.

Named Executive Officer		2025 Base Salary	
William K. Newton			
Chief Executive Officer	\$	850,000	
Matthew T. DiCanio			
President and Chief Financial Officer	\$	575,000	
John A. deLorimier			
Executive Vice President, Chief Information and Technology Officer	\$	450,000	
Su Zan Nelson			
Executive Vice President and Chief Accounting Officer	\$	400,000	
Giovanni Gallara			
Executive Vice President and Chief Clinical Services Officer	\$	400,000	

The above named executive officers are also eligible to participate in 2025 in the Company's Executive Leadership Team Incentive Plan and Executive Leadership Team Long Term Cash Incentive Plan.

### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: January 15, 2025

CONCENTRA GROUP HOLDINGS PARENT, INC.

By: /s/ Timothy Ryan

Timothy Ryan Executive Vice President and Chief Legal Counsel