

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT  
Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): May 1, 2025

CONCENTRA GROUP HOLDINGS PARENT, INC.  
(Exact Name of Registrant as Specified in Its Charter)

001-42188  
(Commission File Number)

Delaware  
(State or Other Jurisdiction of Incorporation)

30-1006613  
(I.R.S. Employer Identification No.)

5080 Spectrum Drive, Suite 1200W  
Addison, TX, 75001  
(Address of principal executive offices) (Zip code)

(972) 364-8000  
(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, \$0.01 par value per share	CON	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter):

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

**Item 5.07 Submission of Matters to a Vote of Security Holders.**

The annual meeting of stockholders (the “Annual Meeting”) of Concentra Group Holdings Parent, Inc.’s (the “Company”) was held on May 1, 2025. At the Annual Meeting, the Company’s stockholders approved four proposals. The proposals below are described in the Company’s definitive proxy statement dated March 18, 2025. The results are as follows:

**Proposal 1: The Election of Two Class I Directors to the Board of Directors**

Name	Votes For	Votes Against	Abstentions	Broker Non-Votes
Daniel J. Thomas	112,356,457	5,387,232	5,412	4,847,189
Cheryl B. Pegus	113,994,041	3,742,087	12,973	4,847,189

**Proposal 2: Non-Binding Advisory Vote on the Compensation of the Company’s Named Executive Officers**

Votes For	Votes Against	Abstentions	Broker Non-Votes
92,051,122	25,350,156	347,823	4,847,189

**Proposal 3: Non-Binding Advisory Vote on the Frequency of Future Advisory Votes on the Compensation of the Company’s Named Executive Officers**

1 Year	2 Years	3 Years	Abstentions
113,659,054	19,206	4,052,275	18,566

**Proposal 4: Ratification of the Appointment of PricewaterhouseCoopers LLP as the Company’s Independent Registered Public Accounting Firm for the Fiscal Year Ending December 31, 2025**

Votes For	Votes Against	Abstentions	Broker Non-Votes
122,300,023	291,151	5,116	0

**Item 9.01 Financial Statements and Exhibits.**

(d) Exhibits.

Exhibit No.	Description
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CONCENTRA GROUP HOLDINGS PARENT, INC.

Date: May 2, 2025

By: /s/ Timothy Ryan

Timothy Ryan

Executive Vice President and Chief Legal Counsel

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